

# Refuse to Lose

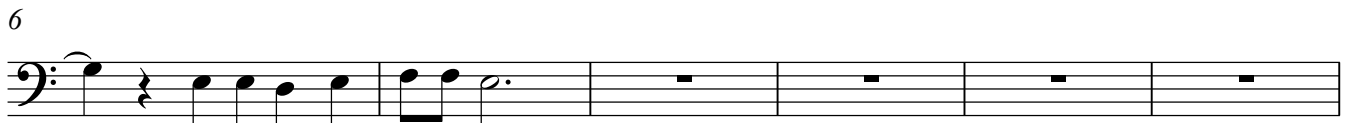
Music and Lyrics by  
Robin Mayhew

Sing freely

B1



I rea - lly want to get some where,

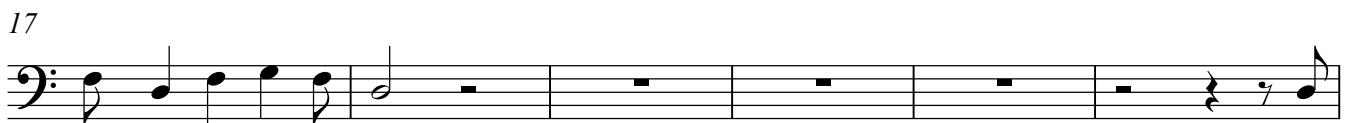


and be ap-pear - ing on it.



**A** Speed up

First you have to know just what you want and



where you wan na be\_\_

So



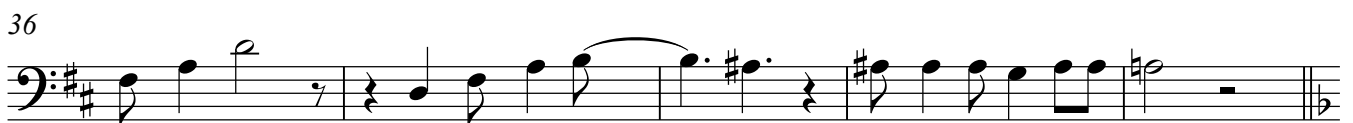
work each day\_\_ fol-low that dream, it may seem hard some times\_\_ but



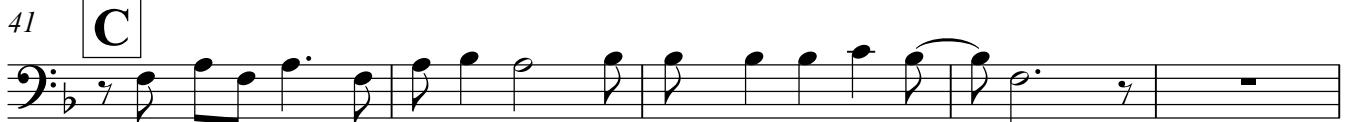
don't let up keep your sights on it,\_\_ and that dream I'll find.\_\_



Just re fuse\_\_ to lose make each step just\_\_one goal, yeah\_\_ It'll



keep you well and keep you strong.\_\_ Aim for the ve - ry be - st.



The path is long with ma - ny turns and some - times I may fal - ter.



Then turn up the heat ne - ver turn it down. Fo cus\_



fo cus, pur - sue that dream it's what you want this is what I've learnt.\_\_

57

**D**



Just re fuse\_\_ to lose, make each step just\_\_one goal, yeah\_\_ it'll\_\_

62



feed you well, and keep you strong.\_\_\_\_\_ Aim for the ve - ry be - st.

67

**E**



that which is in your he - art. and

73

**F**



sim-ply make a start.\_\_\_ Just re - fuse

78



to lose, make each step just\_\_one goal, yeah\_\_ it'll\_\_ feed you well,

83



and keep you strong.\_\_\_\_\_ Aim for the ve - ry be - st. Just re fuse

88



\_\_ to lose, I ad-vice my self\_\_ and it keeps me going fo-r-ward. I won't

93



give it up, I know\_\_ what I want. I know I'll

96



win, I re - fuse\_\_\_\_\_ to lo - se.\_\_\_\_\_